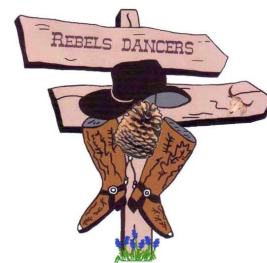


HOLD MY BEER



Type : Danse en ligne , 32 comptes , 4 murs , 1 restart , 1 tag
Niveau : Débutant
Chorégraphe : Linda Scott (usa) (mai 2024)
Musique : " The Door " de Teddy Swims
or: Love's Got a Hold On You - Alan Jackson
or: Hold My Beer - Aaron Pritchett
or: Pick Her Up (feat. Travis Tritt) (Radio Edit) - Hot Country Knights
or: Same Drunk - Walker Hayes **More music:** Country Back - Randy Houser

Intro : 16 comptes .

S1 WALK FORWARD, RLR, HOLD – WALK FORWARD, LFL, HOLD

1,2,3,4 Walk forward, Right, Left, Right, Hold with weight on RF (clap)
5,6,7,8 Walk forward, Left, Right, Left, Hold with weight on LF (clap)

S2 FORWARD, TOUCH, BACK, TOUCH 3 TIMES

1,2 Step forward on RF, Touch LF next to right
3,4 Step back on LF, touch RF next to left
5,6 Step back on RF, touch LF next to right
7,8 Step back on LF, touch RF next to left

S3 GRAPEVINE RIGHT, ¼ GRAPEVINE LEFT

1,2 Step RF to right, Step LF behind right
3,4 Step RF to right, Touch LF next to right
5,6 Step LF to left, Step RF behind left
7,8 Step LF ¼ turning left, Scuff RF next to left

S4 HIP BUMPS

1&2 Bump hips RLR
3&4 Bump hips LRL
5,6,7,8 Roll hips RLRL

Make this a one wall dance – take out the ¼ grapevine section 3

Make this a two wall dance – change section 3 to a ½ grapevine for step 7,8

RECOMMENCEZ ET GARDER LE SOURIRE